

THE REBEL WEEKLY

Volume 2, Issue 2

Bessemer Academy

August 28, 2014

The Truth About ALS

By Austin Jordan

Did you know that by the year 2025, one in every 25 American adults will either be diagnosed with ALS, Parkinson's, or Alzheimer's? If you are considering doing the ice water bucket challenge, then keep this in mind-you may soon meet someone with one of these devastating brain disorders.

Experts believe that if we do not make a declaration on neurodegenerative diseases it will become a global health crisis. Sadly, these diseases are incurable. At the very best they are debilitating (making someone very weak) and at worse they are fatal.

There are ways for us to help and find a cure for these diseases. First, more ice water dunking! Another thing we can do is to keep all the doctors and medical research facilities well funded to hopefully find a cure. Just as a reminder, the ice water bucket challenge is not just a fun fad to do right now. This is to try to raise money and educate people about ALS and other neurodegenerative diseases.

So keep in mind what the real reason is behind the challenge. Together we can help fight these diseases.

Ferguson By: Katie O'Donnell

Some of you have probably already heard about the troubles in Ferguson, Missouri. If you haven't, you are encouraged to investigate it yourself and come to your own conclusions. Michael Brown, an unarmed 18 year old African American was shot and killed on August 9. He graduated high school and was planning on attending college in the fall. Brown robbed a convenience store, causing the police officers to investigate him. Brown was walking on the sidewalk when the police pulled up and the confrontation arose.

Officer Darren Wilson claims that Brown did not cooperate and also reached for the police officer's gun. Some eyewitnesses say that when Wilson pulled up he was so close to Brown that when the officer opened the door it hit him. It has also been said that Wilson grabbed Brown in a choke hold. Investigations continue.

Because of this shooting, there have been violent riots in the town. This is causing major uproar in the news. Police have begun using tear gas. Some would say that their enforcements are inhumane and extreme.

When interviewed about the riots, most citizens have said that they are fearful and urge the rioters to stop, saying that this is not what Michael would have wanted. However, many of the protests have been peaceful.



Another reason for the distress in Ferguson is the death of Kajieme Powell. The 25 year old was shot for a minor crime. This incident took place a mere 4 miles away from where Brown was shot. This new death hits a little too close to home for many of the citizens and has caused the violence of the riots to escalate.

Powell allegedly shoplifted two energy drinks and donuts from a convenience store. The owner of the convenience store saw Powell and called 911. When the police arrived, Powell was pacing back and forth with his hands in his pockets in front of the store.

The police then proceeded to tell Powell to remove his hands from his pockets. He refused and wielding a knife in his hand screamed, "shoot me! Go ahead and shoot me!" The police then shot 12 rapid shots at Powell, killing him almost instantly.

Things Change

By: Austin Jordan



"Y"et God has made everything beautiful for its own time." Ecclesiastes 3:11.

Change is HARD whether we are changing schools, moving to a different house, moving states, or even losing a family member. Overall change is hard.

Everyone has at least one time or another had change in their lives. However, change is not all good but sometimes bad as well. It is hard to understand why bad things happen. I do know that God is good but also sovereign. The definition of sovereign is possessing supreme or ultimate power.

This the best way for me to describe why good and bad things happen. We as God's children need to realize not to focus on the small picture of why something happened but to remember that God is in control and always right there with you the whole step of the way. Just remember to praise God through the storm you are going through.

To simplify what I said change is hard but we can overcome all things through Christ.

Jeremiah 29:11 says, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Lunch Menu

Thursday, 8/28
Taco Salad, Corn, Dessert

Friday, 8/29
Turkey Wraps, Chips and Dip, Dessert

Monday, 9/1
No school- Labor Day

Tuesday, 9/2
Chicken Bacon Ranch, Chips and Dip

Wednesday, 9/3
Pasta Bake, Bread, Side Salad, Dessert

Thursday, 9/4
Corn Dogs, Tater Tots



Movie Quote of the Week

"If you think peeing in your pants is cool, then consider me Miles Davis."

Fact of the Week

There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.

Ask Napoleon Dynamite



Dear Napoleon, I've been having trouble with one of my assignments...current events. I can never find anything that nobody's heard and that is actually interesting. If you've got any stories, please share!

-Rico

Dear Rico, Well school is hard. Luckily there has been a big event in Japan. Last week, Japanese scientists exploded... placed explosive detonators at the bottom of Lake Loch Ness to blow Nessie out of the water. Sir Cort Godfrey of the Nessie Alliance summoned the help of Scotland's local wizards to cast a protective spell over the lake and its local residents and all those who seek for the peaceful existence of our underwater ally.

-The Mystical Liger Herder

Hey Napoleon, I've been having trouble coming up with a cool place to spend my birthday. Considering a mystical rain forest is out of the question, I've considered going to an aquarium or something.

-Birthday Boy

Hey BB, I feel like we could be friends or something. A mystical rain forest is most definitely where I wanted to go, too. I would say a good trade would be a zoo. I particularly like the large fangs of the cobras. Be sure to visit all the animals and read about their different magical powers on the plaques in front of them.

-ND

P.S. watch out for the chicken's large talons.

BESSEMER  REBELS

bessemerathletics.com



Shoutouts!

By: Tori Spain & Zack Smith

Give a shout-out to friends, classmates, teachers, or coaches! There's a box on top of the newspaper stand in the hallway. Guys, DO NOT forget to put your name or a name you would like to be recognized as on your shout-out. (Ex. Tori Spain or vpain)

K. Brasher to Hannah Golden-Duck & duck feet. :)

Anonymous to Steven Sellers- You are the Chef!

Anonymous- Shout-out to Reggo/Reggie & Alex. #Footballislife!

Unknown- Shout-out to my little big sister, Jasmine Antonia Stringer!

Unknown- SHOUT-OUT to my fool Reggie/Reggo!

Katie B. to Lowell- I like you a lot :)

Susan's friends- Trying to be your friends Sue. #18istooyoungformarriage

Jody Highrolla- S/O to errybdy. tip toein in yo jordins!

Anonymous- Shout out to Mr. Posey for doing the #alsicebucketchallenge

Anonymous- SHOUT OUT TO NOAH WILDER

Jake Napier- Shoutout to Coach Jon

Justyn- Shoutout to Lauren. I love you girl.

Tanner Stinnett to Payton McFarland- KKKKK

Abby S. to Payton McF.- I H8 U 2
Pay to Abby- I H8 U

Erin- Shoutout to Payton McFarland. You a true thug

Anonymous- Shoutout to Hannah Banana, love you sissy!

Jake N.- Shout out to Garret Mangione

Tomcat- Hey Zack!

Garrett Mangione- Shout out to Coach Spurgeon



August Birthdays

By: Abani Varner-Williams

28- Elijah Hollins, Isaac Caradine, Madelyn Howard
29- Katie Barnett
30- Ella Jones, Seth Hartley

Join the Key Club!
Sign up on Miss G's classroom door. It's a great way to get involved!

Gamer's Corner: Destiny

By: Garrett Moore

Bungie, well-known for their Halo series exclusive to Microsoft systems, is now developing their newest project, Destiny, for Sony platforms as well. Destiny, a first-person shooter similar to Halo, will launch for Xbox 360, Xbox One, PS3, and PS4 with a PC version as a rumored possibility.

Set hundreds of years in the future in a post-apocalyptic universe, a mysterious object hovers in the Earth's atmosphere. Humanity guards it and the last safe city on the planet. Little else is known except that advanced humans and alien races will appear throughout the game. The locations involve players travelling to several planets in our solar systems in order to discover more of the mysterious past.

The game is primarily co-op focused but can be played entirely single-player. A squad of three players team up to complete levels ranging from Earth, Venus, Mars, and more with each containing several maps. These squads can also interact with numerous others during public events or in a central hub area where players can choose to team up for missions or just hang out and chat.

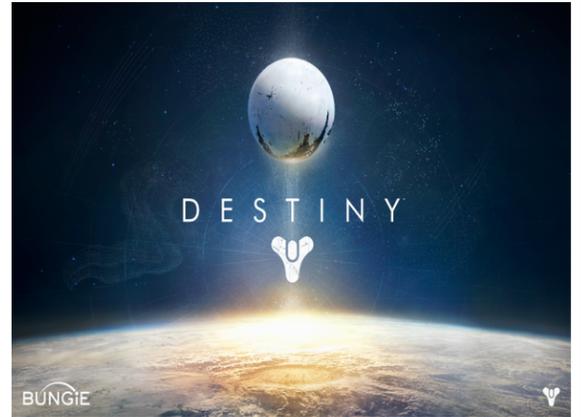
Characters can be created by choosing either a human or alien race, further designing an appearance, and then picking a class. Some specialize in weapons such as long-range rifles or rapid-fire pistols, while others are based on making use of magic and abilities. Each class has a devastating special ability, ranging from invisibility to massive attacks that can destroy a whole group of enemies.

The aforementioned guns are obtained in the game mostly via random drops. Weapons have random stats and even effects like fire, electric, and other elemental damages. The most powerful weapons are given as rewards for being able to conquer the toughest bosses, encouraging replayability.

A brand-new engine brings real-time global illumination (otherwise known as dynamic lighting) and advanced particle effects for the game's ruined but stunningly beautiful levels, rendered in 1080p for PS4 and Xbox One.

Bungie released an open beta to let players experience a slice of the game's content before the game's launch date. The public beta was available from July 17 for PS3 and PS4 (July 22 for Xbox 360 and One) until July 27.

Destiny is set to release for all platforms September 9, 2014.



Hello Ladies! this column is a weekly reminder to pay attention to your makeup! This column will also give advice, tips, and the honest truth.

This week we are going to talk about products rather than makeup applications.

What's a good foundation for oily/combo skin? I recommend that you try out MAC Matchmaster because the formula has powder particles that absorb oil on the face.

Which eyeshadow color should I use for my eye color? For blue eyes, I personally use warm tone browns, gold, and pinks/copper. DO NOT use the pink/copper colored eyeshadows if you do not know how to correctly apply them! For green eyes, I recommend that you try out purples, golds, and other earth tones. Brown/hazel eyes require golds, copper, eggplant, and cobalt colors to make them pop. Don't be freaked out but green eyes need pinks, oranges, and purples to make them pop.

How do you make your lips fuller? I would invest in a plumper gloss or chapstick, and even ground cinnamon. Put a dab of ground cinnamon on your lips, and they will safely swell. You can also use lip liner to make them fuller.

I have also been requested to make a list of dupes, so they are listed in the pictures.



MoneyCanBuyLipstick.com

NARS & elf eyes lips face

Blush Dupe Guide



Desire



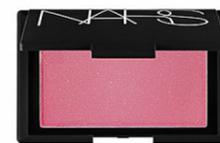
Pink Passion



Deep Throat



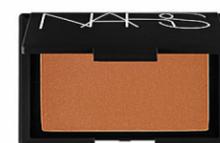
Candid Coral



Angelika



Fuchsia Fusion



Luster



Peachy Keen

MY FAVORITE MAC EYESHADOWS



Have you seen our new websites????

www.bessemeracademy.com

www.bessemerathletics.com



Random Student

By: PJ & JB

Can you guess who this student is?

Why is it called lipstick if you can still move your lips?

Ion kno!

If the #2 pencil is the most popular, why is it still #2?

This is too intelligent for me!

If Superman is so smart why does he wear his underpants over his trousers?

I don't like doing this... Is this a trick question?

If you didn't get caught, did you really do it?

OF COURSE NOT!!

How old would you be if you didn't know how old you are?

As old as you wanna be! YA KNOW WHAT I'M SAYIN!

If life is so short, why do we do so many things we don't like and like so many things we don't do?

Because YOLO!!!

When you push the elevator button more than once, do you really believe it makes the elevator faster?

That's what the government wants you to believe.



Last week's random student was.....



**Kardarius
Roberts**

Movie Review: When the Game Stands Tall

By: Walker Payne

When the Game Stands Tall is the inspiring true story about Coach Bob Ladoucer who took his team, the De La Salle High School Spartans, through a 151-game winning streak that broke all records for any American sports. When the streak ended and tragedy struck the entire town, Coach Ladoucer had to show his players that it wasn't all about winning, it was about perseverance, teamwork and brotherhood.

When the Game Stands Tall was directed by Thomas Carter and Thomas Carter II. The film was released in theaters on August 22, 2014. On opening weekend the box office received \$8.4M dollars.

Former Teacher Pays a Visit

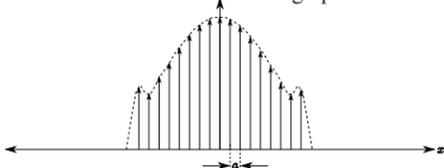
By: Casey Burnette

Miss Higgins returned to the halls of BA last week to visit because Mrs. Ludvik invited her to lunch and to surprise a group of students who think they are mathematically challenged.

Miss Higgins was here because a water pipeline broke at her new school, Oak Grove High School. After a text conversation with Mrs. Ludvik, Miss Higgins decided to come have lunch with Mrs. Ludvik and see the class of laptops.

Of course, an unforgettable student argued as to why she left BA, doesn't comment back on instagram, and he asked which school she likes better. After debating which school has smarter kids, she used a graph to explain how we are one point higher on the y-axis.

Or at least that's what we think the graph meant.



Kress Korner

"Kresskapades" By: Cole Morgan and Tyler Carroll

As our second interview with Coach Kress was initiated, he was pulling out his chair and very ungracefully slammed his knee into it.

After recuperating from his accident, he replied that his favorite movie is "The Godfather" for no apparent reason. Next, between bites of a delectable looking salad, Kress answered that his favorite breed of shark is none other than the hammerhead because it looks the coolest.

Our next question was who is his favorite ninja turtle. Coach Jonathan Kress responded it is indeed Michelangelo being he can relate to his personality. A little known fact- Coach Kress is currently pursuing a relationship with well known supermodel Kate Upton.

Ultimately, Coach Kress still continues to be astounding in every way, shape, and form.

Animal of the Week: Black Footed Ferret

By: Tyler Carroll & Cole Morgan

The black footed ferret is a very unique animal. It has a long, slender, weasel-like body that allows it to easily maneuver inside the underground tunnels of its prey, the prairie dog. Their bodies are usually around 15-20 inches in length, and they live 1-3 years in the wild. The ferrets also have black markings on their faces that resemble a mask. Along with these markings, they also have black feet. The black footed ferret is a carnivore, and although the prairie dog is its primary prey, they sometimes eat squirrels, mice, and other small rodents.



The black footed ferret is a solitary animal which lives in the dwellings of its prey the prairie dog. The ferrets hunt the prairie dogs in their own homes; then the ferrets begin to live there themselves. The male ferrets are called hobs, the female ferrets are called jills, and the juvenile ferrets are called kits.

This ferret is one of the three species of ferrets left on earth, and, in 1981, it was categorized as an endangered species. Before 1981 the ferrets were believed to be extinct because farmers and the government tried to kill all the ferrets.

The reason they did this was the ferrets holes are damaging to fields. The ferrets were rediscovered in Meeteetse, and since this rediscovery there has been an effort to relocate the ferrets to their only other native territory, North America. Now, the ferrets can be found in 12 states in the United States, Mexico, and Canada.

The black footed ferret is a nocturnal animal. It also is fossorial, which means it spends the majority of its time underground. The ferrets can sometimes sleep up to 21 hours a day. They have a variety of vocalizations including hissing and barking.

Teacher of the Week: Ms. Armuelles

By: Caroline Parker & Katie O'Donnell

Where did you attend college?

The University of West Alabama

What brought you to Bessemer Academy?

There was an opening for teaching Biology and I also wanted to move to Birmingham.

What is your favorite science to teach?

Biology

What is your favorite animal?

Cheetah because they are fast and quick thinkers.

What is your favorite thing about Bessemer Academy so far?

The family atmosphere



Hey Seniors ! If you have not had your senior portrait made, you must contact Belmont Studios by Tues., Sept 30. Dates for portraits are VERY LIMITED. Call them at 403.4020. If you have already had your portraits taken, make sure you turn in your proof choice to Belmont or an image will be chosen for you for the yearbook.

Auburn Ticket Raffle: Please see a baseball player or Coach Boyd to buy a raffle ticket (\$5) for a pair of tickets to the South Carolina game on 10/25 or the LSU game 10/4. They will be selling them at home football games as well. You can also call the office or email jboyd@bessemeracademy.com

Volleyball 101

ACE - A serve that is not passable and results immediately in a point.

BACKCOURT - The area from the endline to the attack line.

BACK SET - A set delivered behind the setter's back, which is subsequently hit by an attacker.

BLOCK - A defensive play by one or more players meant to deflect a spiked ball back to the hitter's court.

It may be a combination of one, two or three players jumping in front of the opposing spiker and contacting the spiked ball with the hands.

BUMP - a common term for forearm passing.

BALL HANDLING ERROR - Any time the official calls a double hit, a thrown ball or a lift

(except on a serve reception or attack). For our purposes, this category also includes any blocking errors

(when an official calls a blocker for a violation such as going into the net, centerline violation, reaching over the net, etc.).

BUMP PASS - The use of joined forearms to pass or set a ball in an underhand manner.

DIG - Passing a spiked or rapidly hit ball. Slang for the art of passing an attacked ball close to the floor.

FOREARM PASS - Join your arms from the elbows to the wrists and strike the ball with the fleshy part of your forearms in an underhand motion.

FREE BALL - A ball that will be returned by a pass rather than a spike. This is usually called aloud by the defense instructing players to move into serve receive positions.

HIT - To jump and strike the ball with an overhand, forceful shot.

HITTER - Also "spiker" or "attacker"

JUMP SERVE - A serve that is started by the server tossing the ball into the air and jumping into and hitting the ball in its downward motion.

KILL - An attack that results in an immediate point or side out.

OFFSIDE BLOCK - Player at the net, which is on the side away from the opponent's attack.

OVERHAND SERVE - Serving the ball and striking it with the hand above the shoulder.

ROTATION - The clockwise movement of players around the court and through the serving position following a side out.

SERVE - One of the six basic skills; used to put the ball into play. It is the only skill controlled exclusively by one player.

SERVER - The player who puts the ball into play.

SET - The tactical skill in which a ball is directed to a point where a player can spike it into the opponent's court.

SETTER - the player who has the 2nd of 3 contacts of the ball who "sets" the ball with an "Overhand Pass" for a

teammate to hit. The setter normally runs the offense.

SPIKE - Also hit or attack. A ball contacted with force by a player on the offensive team who intends to terminate the ball on the opponent's floor or off the opponent's blocker.

UNDERHAND SERVE - a serve in which the ball is given a slight under-hand toss from about waist high and then struck with the opposite closed fist in an "underhand pitching" motion.

Volleyball Update

By: Casey Burnette

On Tuesday, August 19, 2014, the varsity Lady Rebels defeated the Southern Cougars in three sets. Set one- 25-8
Set two- 25-7
Set three-25-17
I think it is safe to say that the Lady Rebels wiped the floor with Cougar skins. Senior Rachel Worthey said, "Beating Southern was a piece of cake." and senior Tori Spain said, "It was really fun."



Varsity Volleyball Stats of the Season

Record: 5-0

Player	Kills	Aces	Blocks	Digs
R Kitchens #2	26	13	12	25
Harrison #5	11	27	-	34
Beasley #6	8	2	-	30
H Kitchens #11	40	20	19	41
Bedford #14	24	17	9	31
Worthey #17	29	16	15	10
Burton #21	5	2	-	4
Spain #24	13	10	5	8

Current as of August 21, 2014

Campus Recycling Program is Under Way

Mrs. Ludvik's environmental science classes launched a campus-wide recycling program last week, and so far the students have been doing a good job of putting recyclable materials in the proper containers. However, there is room for improvement! NO TRASH in the recycling bins, please! We can recycle paper, plastic, and aluminum. Please empty your water bottles and drink cans before placing them in the bins. Rebels recycle!



12th Grade
 President Rachel Worthy and Austin Jordan
 VP Zack Smith and Victoria Spain
 Secretary Macie Perry, Abani Varner-Williams and Katie O'Donnell
 Treasurer Casey Burnette and Caroline Parker
 Chaplain Nate Hess and Laterra Brown

11th Grade President- Trevor Flack VP- Halea Head

10th Grade President Rebekah Kitchens VP- Clay Farrington and Amber Lumzy

9th Grade President- Wesley Davis and Kiley Turk VP- Jessica Ponder

SGA Elections

Sept. 4